



Kellems has wide experience with grips for use with fiber optic cable. As the industry leader in producing wire mesh grips for the stringent requirements of fiber optic applications, Kellems has developed several series of grips for use with fiber optic communications cable.

These grips include pulling grips with built in swivels, grips with steel ends to protect fragile cable ends, grips with low profiles to pull cables in tight places and the OPTISOK® an effective tool to place preterminated cables. Also available are grips to support fiber optic cable.

### Safety And Working Load Factors For Wire Mesh Grips

The broad application of Kellems grips on a wide variety of objects requires that adequate safety factors be used to establish working loads. The approximate breaking strength of a Kellems grip represents an average calculation based on data established from actual direct tension testing done in our engineering laboratories.

It is impossible to catalog or guarantee a safety factor suitable for all applications as operating conditions are never the same. The tension, diameter, movement, number of objects gripped, gripping surface, and the attachments used are just some of the factors which vary with each application. These factors, together with the effects of abrasion, corrosion, prior use or abuse and any other variables of a specific application, must be considered by the user and the grip replaced as appropriate. Where the conditions of

### Select the Correct Fiber Optic Grip

Each Kellems grip is designed to work on a specific range of cable diameters.

- Step 1** Determine your cable outside diameter.
- Step 2** Find the grip size that encompasses your cable diameter.
- Step 3** Whenever possible, use a closed mesh that assembles over the cable end. If the cable end is not available, use a split mesh.
- Step 4** Where available, select an eye style that suits your needs.
- Step 5** Estimate the tension to be put on the grip, establish the working load you require and compare this to the listed approximate breaking strength of the grip to insure that the grip will be strong enough.

the application are not well defined or known or where risk of injury to persons or property is involved, a greater safety factor should be utilized.

**Under normal conditions, Kellems' recommended factor of safety is five for catalog listed pulling grips, and ten for catalog listed support grips.**

Any warranty as to quality, performance or fitness for use of grips is always premised on the condition that the published breaking strengths apply only to new, unused grips, and that such products are properly stored, handled, used, maintained and inspected by the user at a frequency appropriate for the use and condition of the grip.

For grip applications on materials other than those that the grips have been specifically designed for, consult the factory.

### Examples

Grip Style	Approx. Breaking Strength Lbs. (N)	Safety Factor	Max. Recommended Load Lbs. (N)	Catalog Number
Pulling Grips	2,500 (11,120)	5	500 (2,224)	<b>033291196</b>
Support Grips	400 (1,779)	10	40 (178)	<b>022291004</b>

The maximum recommended working load is the tension to be exerted on the grip in application with a margin of safety to take care of unforeseen and unusual circumstances.

It is the end-user's decision to determine how much of a safety factor is acceptable to for the application.

### Fiber Optic Grip Materials

Material	Features	Product Group
Galvanized steel wire	<ul style="list-style-type: none"> <li>• High strength</li> <li>• Not subject to continuous outside environment</li> </ul>	<ul style="list-style-type: none"> <li>• Pulling grips</li> </ul>
Tin-coated bronze wire	<ul style="list-style-type: none"> <li>• Corrosion resistant for normal outside areas</li> <li>• Non-magnetic</li> <li>• Moderate strength</li> </ul>	<ul style="list-style-type: none"> <li>• Support grips</li> </ul>
Non-metallic braid	<ul style="list-style-type: none"> <li>• Superior flex life</li> <li>• Non-conductive</li> <li>• Corrosion resistant</li> <li>• Moderate strength</li> </ul>	<ul style="list-style-type: none"> <li>• OPTISOK®</li> </ul>

### Approvals

CSA Certification is indicated on appropriate product catalog pages.



Kellems offers a unique and simple to use tool for the installation of preconnectorized fiber optic cables, jumpers and bundles of twisted pair communication cables - the OPTISOK®.

The OPTISOK® is a highly flexible and expandable nonmetallic sleeve open on one end and with a pulling ring on the other. It will expand to enclose the larger group of fiber optic connectors and grab the cable below the connector bundle by wrapping and taping to provide a gripping tool that will grab the cable(s) below the connectors. The pulling ring can be attached to a pulling line or fish tape and the OPTISOK® will act as the pulling tool.

OPTISOK® will contain and protect the connector bundle and save time and labor by making the pulling job easier, protecting the connectors from possible damage during the pull and facilitating the passage of the connector bundle through cramped and tight spaces. The OPTISOK® can be used to pull cables through plenums, underfloor duct, office partitions, raised access floors and conduits. Three sizes are available for all applications.

**How to Select OPTISOK®**

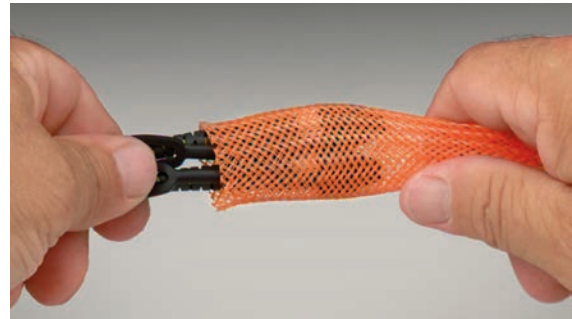
- Identify connector bundle diameter to be inserted into the OPTISOK®.
- Choose appropriate catalog number based on size range.

**Installation Information**

- Step 1** Expand open end of OPTISOK® and gently work in fiber optic connector bundle.
- Step 2** Still gently, work connector bundle up to the forward section of the OPTISOK®.
- Step 3** Starting at approximately 6" (15.2cm) from tail end of OPTISOK®, tightly fold over the OPTISOK® around cables and tape wrapped section 3" (7.62cm) past tail end onto the bundle.
- Step 4** Securely attach pulling line or tape to pulling ring.

*Note: To remove OPTISOK® carefully unwrap tape and slide out cables and connectors or cut OPTISOK® away without damaging connectors or cables.*

**Step 1**



**Step 2**



**Step 3**



**Step 4**





## **Pulling Grip for Loose Tube Fiber Optic Cable**

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Kellems offers a wire mesh specifically designed to pull loose tube fiber optic cable and meet the special pulling requirements recommended by fiber optic cable manufacturers.

Many fiber optic cable manufacturers require special cable preparation prior to pulling where a short section of the outer jacket is stripped off exposing the aramid strength member. This creates two cable diameters, one including the jacket and a second smaller diameter at the strength member. Kellems fiber grip with its special weave will accommodate and securely grab both diameters, at the outside jacket and the internal aramid strength member.

Additionally, this galvanized steel mesh grip has longer leads at the pulling eye to facilitate pulling the cable up through the top, a very low profile lug and eye to slip through tight areas, and short shoulders to protect the cable while maintaining the slim profile.

The grip can be used to pull cable overhead as well as underground through conduit and duct. It easily mates with a swivel and has the necessary strength to securely make pulls.

## **Application Information**

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- Prior to pulling cable, follow cable manufacturers' cable preparation recommendations.
- Never exceed cable manufacturers' pulling tension recommendations.
- Never use grips to approximate breaking strength safety factor of 5 recommended.

## **Pulling Grips for Other Outside Plant Cables, Swivel Eye, Flexible Eye, Split Style, Low Profile**

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Kellems Pulling Grips for fiber optic cable are made of high strength galvanized steel strand. They feature a multiweave mesh, with one-half the mesh length double weave, and the second half single weave. This special weave provides positive holding power while allowing the grip to remain flexible with no damage to the cable jacket. Added features include a steel nose cone which protects the cable end and allows the grip to pass easily through conduit and enclosures. The eye connects easily to a swivel or a pulling line. Several grip sizes are available to accommodate all diameters of fiber optic cable.

## **Application**

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Kellems Flexible Eye Pulling Grips for fiber optic cable are used for the installation of fiber optic communication lines either underground, overhead, through conduit or through enclosures. They will fit single cables or cable bundles, are easily installed on the cable, and are reusable.

## **Benefits**

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- High strength multiweave mesh for positive holding power.
- Highly flexible mesh to follow the pulling path of the cable.
- Steel nose cone reduces snags and hang-ups and protects cable end.
- Easily installed and removed.
- A dependable, reusable pulling tool.



## Support Grips for Fiber Optic Cable

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Kellems Support Grips for fiber optic cable are specially designed to hold the cable weight as it hangs in a vertical or horizontal position. Fiber optic cable must be supported and Kellems Grips provide the support easily and economically.

These grips are made of high grade, non-magnetic tin-coated bronze strand. They are offered in universal bale or single eye configurations and are available in either closed mesh (for use where the cable end is available) or in split mesh, rod closing (for installation on existing cable runs or at specific locations).

## Split Support Grip Rod Closing Instructions

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The stainless steel rod is a precise built-in feature which makes threading easy and fast. The strands of the mesh pass around the rod and match up with the strands from the opposite direction. The rod does not touch the cable at any point and therefore cannot cut the cable. Rod Closing Grips are reusable. They may be removed and reused as many times as desired.

## Fast to Install

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**Step 1** Wrap the grip around the cable and thread the rod through the preformed loops with a corkscrew motion, using the curved end of the rod to engage the loops.

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**Step 2** The action required is a steady push and twist simultaneously. The fingers of the left hand are used to bring the loops together just ahead of the hook on the end of the rod.

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**Step 3** To remove, simply pull the rod out.

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### Types of Attachment

The five attachment methods shown below provide unlimited flexibility of attachment to meet any condition.

**IMPORTANT**  
Read all breaking strength, safety and technical data relating to this product. Pages V-41 to V-42.

#### Type E

Double Eye Grip, used where fastening is made with eyebolts or similar anchor terminations.



#### Type A

Single Eye Grip, used where fastening MUST be made from one point.



#### Type U

Universal Bale Grip, used to fasten around a structure or closed eye.



#### Type Y

Threaded bolt ( $\frac{5}{16}$ -18 x 1½" long), used to fasten through drilled holes in plate.



#### Type F

Split fitting to fit AN-818 nuts. Fitting is positioned over nut and located with internal flange. A hose clamp is furnished and required to hold the fitting in correct position.



*Note: It should be emphasized that Kellems® Hose Containment Grips are not to be used as a pressure reinforcing device for hose systems. These grips are custom made. Consult Technical Services for details.*

Kellems Hose Containment Grips are used on high pressure, flexible hose lines to prevent the hose from whipping violently in the event of hose failure at the fitting. These grips will prevent serious injury to personnel and damage to equipment by holding the hose in place in the event of hose failure.

Kellems patented Hose Containment Grips are made of stainless steel with double weave mesh construction for high strength and come complete with hose clamps.

Kellems Hose Containment Grips are supplied in diameters, length and attachments to meet individual requirements. Contact the Wiring Device-Kellems factory for specific information. These grips help meet OSHA Federal Register 1926-302 (b), 1926-603 (9), (10), JIC H-1-1973 (H13.11) and JIC P-1-1975 (P11.34) requirements.



Kellems Strain Relief Grips are designed to prevent tension from being transmitted to joints and terminals on electrical cord, cable and conduit. In most applications, a Kellems grip for strain relief is stronger than the cable itself and gives much greater security than the use of a fitting alone. Kellems Grips for strain relief help make electrical systems safer, and save money by minimizing downtime from costly electrical failure due to cable pull-out. Kellems Grips also aid in compliance with the National Electric Code's terminal tension protection requirements.

**Select the Correct Grip for Strain Relief**

Kellems Grips for strain relief are designed to fit on electrical cord, cable or flexible conduit.

**Step 1** Refer to the chart below to determine the grip style best suited for your application.

**Step 2** Determine your cable outside diameter or conduit size.

**Step 3** Locate environment—indoors or outdoors.

**Step 4** Decide if a liquidtight seal is required.

**Step 5** Select NPT size and fitting style.

**Strain Relief System Selection Chart**

Grip Type	Application	Features	Cord or Conduit Range Inches (cm)	Type Fitting or Attachment	Page Number
<b>Deluxe Cord Aluminum Fitting/ Stainless Steel Grip</b> 	Outdoors or indoors where subjected to moisture or splash. Examples are crane and hoist pendant drop stations, hand tools, pumps and processing equipment.	Aluminum fittings, stainless steel mesh, neoprene oil-and-watertight bushing. Double-single weave.	.187"-3.250" (.47-8.25)	NPT, PG, and metric aluminum, male straight, 45° male, 90° male, female straight. Thread sizes 3/8"-3".	V-58, V-59, V-62
<b>Deluxe Cord Nylon Fitting/ Stainless Steel Grip</b> 	Outdoors or indoors where subjected to moisture or splash. Examples are marine and food processing equipment.	Nylon fitting, stainless steel mesh, double-single weave, neoprene oil-and-watertight bushing.	.187"-1.125" (.47-2.86)	NPT nylon, male straight, 90° male. Thread sizes 1/2"-1".	V-60
<b>Deluxe Cord Nylon Fitting/ Non-metallic Grip</b> 	Indoor or outdoors. Provides liquidtight seal, where exposed to moisture. Excellent for oil refining and chemical processing.	Non-metallic grip is corrosion resistant, nonconductive and provides superior gripping and flexing benefits. Neoprene liquidtight bushing. Nylon fitting.	.187"-1.000" (.47-2.54)	NPT nylon, straight male, thread sizes 3/8"-1" 90° male, thread sizes 1/2"-1".	V-61
<b>Deluxe Cord Stainless Steel Fitting And Grip</b> 	Indoor or outdoor use where exposed to moisture. Very strong for heavy abuse areas such as drilling platforms, steel mills and mines.	Stainless steel fitting and grip for strength. Neoprene liquidtight bushing. Double/single weave grip.	.187"-1.000" (.47-2.54)	Straight male Only with NPT Thread sizes 1/2"-1".	V-61
<b>Dust-Tight Strain Relief</b> 	Indoor use only for wiring of electrical enclosures, machine tools, portable power tools, bus drop cable systems.	Neoprene gasket—seals out chips, dirt, dust. One piece design with galvanized steel mesh. Insulating bushing available. Zinc-plated steel locknut.	.240"-2.450" (.61-6.22)	Straight male NPS or NPT	V-63
<b>Liquidtight Flexible Conduit Grip (Metal and Non-Metallic)</b> 	Wiring of machine tools, electrical enclosures, motors and systems where metallic liquidtight flexible conduit is subjected to vibration, flexure, motion or strain.	Stainless steel mesh, liquidtight fittings. Sealing "O" rings (optional). Choice of fittings.	.375"-4.000" trade sizes	NPT 1/2"-4", Hubbell fittings, Male straight, 45° male, 90° male, female straight.	V-66, V-67
<b>Liquidtight Flexible Conduit Grip (UL Type A)</b> 	Wiring or machine tools, electrical enclosures, motors and systems where conduit is subject to vibration and strain.	Stainless steel mesh, liquidtight fittings with "O" ring and locknut.	.375"-2.008" trade size male	NPT steel, Hubbell fittings, straight male, 90° Thread sizes 1/2"-2".	V-68



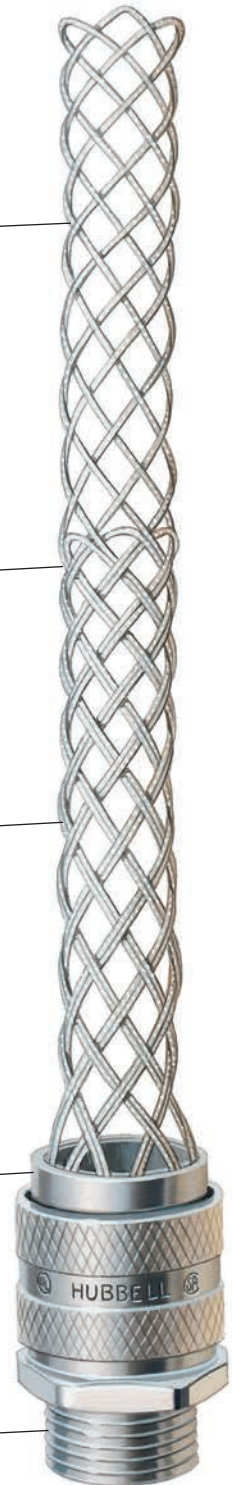
Endless weave provides easy cable/flexible conduit installation

Stainless steel mesh is corrosion resistant. Can be used inside or outside. It eliminates cable or flexible conduit pull out and reduces costly downtime

Multiweave grip gives cable arc-of-bend control minimizing cable damage and extending cable life. It is the strongest strain relief device available. Meets and exceeds all code requirements; prevents cable/conduit pull-out

A liquidtight fitting is available with both cable and conduit fittings; prevents liquids from running through the fitting into the enclosure

An NPT and PG threaded body allows easy attachment to either threaded hub or knock-out in box



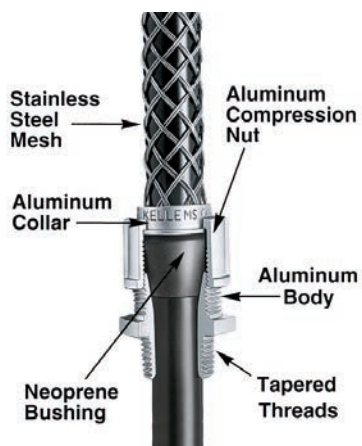


**IMPORTANT**

Read all breaking strength, safety and technical data relating to this product. Pages V-69 to V-76.

**Straight Male Thread**

NPT Thread Size Inches	Grip Diameter Range		Form Size	Catalog Number
	Inches	(cm)		
3/8	.250"-.312"	(.63-.79)	F1	<b>07401001</b>
	.312"-.375"	(.79-.95)		<b>07401002</b>
	.375"-.437"	(.95-1.11)		<b>07401003</b>
1/2	.187"-.250"	(.47-.63)	F2	<b>07401004</b>
	.250"-.375"	(.63-.95)		<b>07401006</b>
	.375"-.500"	(.95-1.27)		<b>07401008</b>
1/2	.500"-.625"	(1.27-1.59)	F3	<b>07401010</b>
	.625"-.750"	(1.59-1.90)		<b>074011247*</b>
	.750"-.875"	(1.90-2.22)		<b>074011248*</b>
3/4	.187"-.250"	(.47-.63)	F2	<b>07401011</b>
	.250"-.375"	(.63-.95)		<b>07401013</b>
	.375"-.500"	(.95-1.27)		<b>07401015</b>
3/4	.500"-.625"	(1.27-1.59)	F3	<b>07401017</b>
	.625"-.750"	(1.59-1.90)		<b>07401018</b>
	.750"-.875"	(1.90-2.22)		<b>074011249*</b>
1	.375"-.500"	(.95-1.27)	F4	<b>074011195</b>
	.500"-.625"	(1.27-1.59)		<b>07401019</b>
	.625"-.750"	(1.59-1.90)		<b>07401021</b>
1	.750"-.875"	(1.90-2.22)	F5	<b>07401023</b>
	.875"-.1.000"	(2.22-2.54)		<b>07401025</b>
	1.000"-.1.125"	(2.54-2.86)		<b>074011250*</b>
1	1.125"-.1.250"	(2.86-3.17)	F5	<b>074011028*</b>
	1.250"-.1.375"	(3.17-3.49)		<b>074011029*</b>
	.750"-.875"	(1.90-2.22)		<b>074011251</b>
1 1/4	.875"-.1.000"	(2.22-2.54)	F5	<b>07401026</b>
	1.000"-.1.125"	(2.54-2.86)		<b>07401027</b>
	1.125"-.1.250"	(2.86-3.17)		<b>07401028</b>
1 1/4	1.250"-.1.375"	(3.17-3.49)	F5	<b>074011178*</b>
	.750"-.875"	(1.90-2.22)		<b>074011252</b>
	.875"-.1.000"	(2.22-2.54)		<b>07401029</b>
1 1/2	1.000"-.1.125"	(2.54-2.86)	F5	<b>07401030</b>
	1.125"-.1.250"	(2.86-3.17)		<b>07401031</b>
	1.250"-.1.375"	(3.17-3.49)		<b>07401032</b>
1 1/2	1.312"-.1.437"	(3.33-3.65)	F6	<b>074011253</b>
	1.437"-.1.562"	(3.65-3.97)		<b>074011254*</b>
	1.562"-.1.687"	(3.97-4.28)		<b>074011255*</b>
1 1/2	1.687"-.1.812"	(4.28-4.60)	F6	<b>074011256*</b>
	1.750"-.1.875"	(4.44-4.76)		<b>074011257*</b>
	1.250"-.1.375"	(3.17-3.49)		<b>074011258</b>
2	1.312"-.1.437"	(3.33-3.65)	F6	<b>074011259</b>
	1.437"-.1.562"	(3.65-3.97)		<b>07401033</b>
	1.562"-.1.687"	(3.97-4.28)		<b>07401034</b>
2	1.687"-.1.812"	(4.28-4.60)	F7	<b>07401035</b>
	1.750"-.1.875"	(4.44-4.76)		<b>074011260</b>
	1.812"-.1.937"	(4.60-4.92)		<b>074011261</b>
2	1.937"-.2.062"	(4.92-5.24)	F7	<b>074011262*</b>
	2.062"-.2.187"	(5.24-5.55)		<b>074011263*</b>
	2.187"-.2.312"	(5.55-5.87)		<b>074011264*</b>
2	2.312"-.2.437"	(5.87-6.19)	F7	<b>074011265*</b>
	1.688"-.1.812"	(4.29-4.60)		<b>074011030</b>
	1.812"-.1.937"	(4.60-4.92)		<b>074011031</b>
2 1/2	1.937"-.2.062"	(4.92-5.24)	F7	<b>074011032</b>
	2.062"-.2.187"	(5.24-5.55)		<b>074011033</b>
	2.187"-.2.312"	(5.55-5.87)		<b>074011034</b>
2 1/2	2.312"-.2.437"	(5.87-6.19)	F7	<b>074011266*</b>
	1.937"-.2.062"	(4.92-5.24)		<b>074011036</b>
	2.062"-.2.187"	(5.24-5.55)		<b>074011037</b>
3	2.187"-.2.312"	(5.55-5.87)	F7	<b>074011038</b>
	2.312"-.2.437"	(5.87-6.19)		<b>074011039</b>
	2.437"-.2.625"	(6.19-6.67)		<b>074011186</b>
3	2.625"-.2.812"	(6.67-7.14)	F8	<b>074011187</b>
	2.812"-.3.000"	(7.14-7.62)		<b>074011188</b>
	3.000"-.3.250"	(7.62-8.25)		<b>074011189*</b>



Note: Kellems® Deluxe Cord Grips are suitable for use in hazardous locations per Class I Div. 2, Class II Div. 1 & 2, Class III Div. 1 & 2 of the National Electric Code Sections 501.10(b)(2), 502.10(a)(2), 502.10(b)(2), 503.10(a)(2) and 503.10(b).  
\*Cable jacket may have to be stripped to pass through connector body.